



Baby's Milestones by 2 Months



Important Milestone Reminders:

- If your child is missing any milestones, be sure to talk with your healthcare provider.
- If Baby was premature, be sure to adjust all milestones for prematurity.



Motor

Not
Started

Making
Progress

Achieved

While lying on their tummy lifts and holds head up

Able to move fists from closed to open

Moves legs and arms off of surface when excited



Sensory

Not
Started

Making
Progress

Achieved

While lying on back, visually tracks moving toy from side to side

Able to calm with rocking, touching, and gentle sounds

Enjoys a variety of movements

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Communication

Not
Started

Making
Progress

Achieved

Quiets or smiles in response to sound or voice

Shows interest in faces

Makes eye contact

Cries differently for different needs, e.g. hungry vs. tired

Coos and smiles



Feeding

Not
Started

Making
Progress

Achieved

Latches on to nipple or bottle

Tongue moves forward and back to suck

Drinks 2 oz. to 4 oz. of breast milk/formula per feeding

Sucks and swallows well during feeding

Total Milestones Achieved

/15

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Motor

	Not Started	Making Progress	Achieved
While lying on their tummy, supports self on arms			
Able to bring hands to mouth			
While standing with support, accepts entire weight with legs			



Sensory

	Not Started	Making Progress	Achieved
While lying on their back, attempts to reach for a toy held above their chest			
While lying on their back, keeps head centered to watch faces or toys			
Eyes track together by 3 months			
Enjoys new toys or objects			



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Communication

	Not Started	Making Progress	Achieved
Turns head towards sound or voice			
Makes different vowel sounds, e.g. eee, ooo, ahh, uh			
Notices toys that make sounds			
Uses smiles, sounds, or movement to get attention			



Feeding

	Not Started	Making Progress	Achieved
When hungry will open mouth for breast or bottle			
Drinks 4 oz. to 6 oz. of breast milk/formula per feeding			

Total Milestones Achieved

/13



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 Motor	Not Started	Making Progress	Achieved
Uses hands to support self while sitting			
Rolls from back to tummy and tummy to back			
Keeps head upright when in supported positions e.g. sitting, standing, being held			
While lying on their back, reaches both hands to play with feet			
While on tummy, pushes up on straight arms			

 Sensory	Not Started	Making Progress	Achieved
Uses both hands to explore toys			
Brings hands and objects to mouth			
Looks at people and objects			



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Communication

	Not Started	Making Progress	Achieved
Listens and responds when spoken to			
Reacts to sudden noises or sounds			
Uses babbling to get attention			
Makes different kinds of sounds to express feelings			
Begins to giggle or laugh			



Feeding

	Not Started	Making Progress	Achieved
Experiments with food using utensils and hands			
Moves food from front of mouth to back			
Begins to eat baby safe foods, other than milk - such as pureed or soft solid foods			

Total Milestones Achieved

16



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 Motor	Not Started	Making Progress	Achieved
Sits without support			
Sits and reaches for toys without falling			
Moves from tummy or back into sitting			
Starts to move with alternate leg and arm movement e.g. creeping, crawling			
Picks up small objects with thumbs and fingers			
While lying on their back, transfers toy from one hand to the other			
In simple play imitates others			




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 Sensory	Not Started	Making Progress	Achieved
Explores and examines an object using both hands and mouth			
Turns several pages of a chunky board book			
Experiments with the amount of force needed to pick up different objects			
Focuses on objects near and far			
Investigates shapes, sizes, and textures of toys and surroundings			
Observes environment from a variety of positions – while lying on back or tummy, sitting, crawling, and standing with assistance			



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Communication

	Not Started	Making Progress	Achieved
Combines consonants and vowels in different ways, e.g. ahhh-b, mmm-uuuh, eee-p			
Looks at familiar objects and people when named			
Recognizes sound of their name			
Participates in two-way communication			
Shows recognition of commonly used words			
Uses simple gestures, e.g. raises hands to be picked up			



Feeding

	Not Started	Making Progress	Achieved
Stays full longer after eating			
Eats between 750-900 calories per day, including 24 oz. of breastmilk/formula			
Able to eat soft finger/table foods, e.g. yogurt, bananas, ground beef			
Explores food and attempts to finger feed self			

Total Milestones Achieved

/23

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Motor

	Not Started	Making Progress	Achieved
Pulls to stand and cruises along furniture			
Moves in and out of various positions to explore environment and get desired toys			
Releases objects into a container with a large opening			
Uses thumb and pointer finger to pick up tiny objects			
Regularly moves with alternate leg and arm movement e.g. creeping, crawling			



Sensory

	Not Started	Making Progress	Achieved
Explores toys with hands, fingers and mouth			
Develops depth perception			



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Communication

Not
Started

Making
Progress

Achieved

Meaningfully uses "mama" or "dada"

Imitates speech sounds

Babbling has sounds and rhythms of speech

Pays attention to where you are looking and pointing

Responds to "no"

Begins using hand movements to communicate wants and needs, e.g. reaches out hand to give/take objects



Feeding

Not
Started

Making
Progress

Achieved

Eating an increasing variety of food

Begins to use an open cup

Consumes about 1,000 calories a day

Total Milestones Achieved

/15

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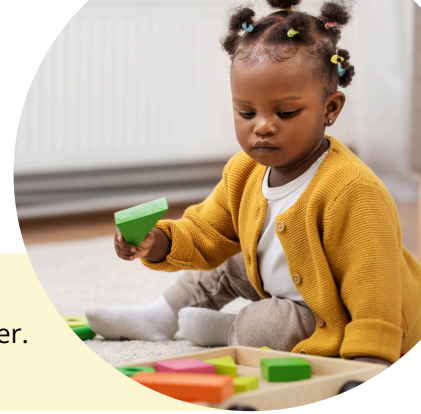
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Baby's Milestones by 15 Months



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Motor

Not
Started

Making
Progress

Achieved

Stands alone and takes several independent steps

Claps hands



Sensory

Not
Started

Making
Progress

Achieved

Stacks two objects or blocks



Communication

Not
Started

Making
Progress

Achieved

Shows interest in pictures

Points at familiar objects and people in pictures when named

Uses 1 or 2 words other than "mama" or "dada"

Follows some directions when paired with a gesture

Points to objects they want

Copies others

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Baby's Milestones by 15 Months



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Feeding

	Not Started	Making Progress	Achieved
Finger feeds self			
Consistently gets a utensil to their mouth			

Total Milestones Achieved

/11

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Baby's Milestones by 18 Months



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Motor

Not
Started

Making
Progress

Achieved

Walks independently and seldom falls

Squats to pick up a toy

Climbs on low furniture



Sensory

Not
Started

Making
Progress

Achieved

Helps with getting dressed/undressed

Helps wash hands

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Communication

	Not Started	Making Progress	Achieved
Imitates simple words and actions			
Follows simple directions, e.g. "Come here"			
Understands "in" and "out"			
Repeats words overheard in conversation			
Uses gestures and words during pretend play			
Says 3 or more words			
Can say their own name			



Feeding

	Not Started	Making Progress	Achieved
Holds and drinks from a cup			

Total Milestones Achieved

/13



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 Motor	Not Started	Making Progress	Achieved
Runs			
Goes up and down stairs with support			
When walking, able to pull toys behind them			
Stands on tiptoes			
Kicks large ball			

 Sensory	Not Started	Making Progress	Achieved
Sorts shapes and colors			
Takes toys apart and puts them back together			
Uses crayons, pens, or markers to make marks on paper			
Stacks 5 or more small blocks or toys on top of each other			



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Communication

	Not Started	Making Progress	Achieved
Begins to use 2 word phrases			
Uses simple pronouns (me, you, my)			
Consistently imitates new words			
Names objects and pictures			
Understands new words quickly			
Can identify 1-2 body parts when named			



Feeding

	Not Started	Making Progress	Achieved
Drinks from cup with one hand			
Uses a spoon			

Total Milestones Achieved

/17



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Motor

Not
Started

Making
Progress

Achieved

Starts to jump with both feet leaving the ground

Able to twist things with their hands like doorknobs

Able to turn pages in a book one at a time.



Sensory

Not
Started

Making
Progress

Achieved

Able to take off articles of clothing

Knows at least one color



Communication

Not
Started

Making
Progress

Achieved

Understands action words

Understands 2-step related directions, e.g. "Pick up your coat and bring it to me."

Uses at least 50 words

Total Milestones Achieved

/8

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Motor

Not
Started

Making
Progress

Achieved

Able to string large beads onto a string

Enjoys being active and playing games like tag, hide and seek, etc.

Catches large balls



Sensory

Not
Started

Making
Progress

Achieved

Able to scribble and draw simple shapes

Pours liquid from large pitcher to cup



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Communication

	Not Started	Making Progress	Achieved
At least 50% of speech is understood by caregiver			
Ask "what" and "where" questions			
Uses some plurals, e.g. "dogs"			
Understands "why" questions			
Understands most simple sentences			



Feeding

	Not Started	Making Progress	Achieved
Uses a fork			

Total Milestones Achieved

11



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