

PARENTS.COM

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Parents



Get-Real GREEN GUIDE FOR FAMILIES

**WHY POLITE
CHILDREN
GET AHEAD**

**HOW
SMART
IS YOUR
BABY?
ANSWER: VERY**

the
fun
List

44
THINGS
KIDS
SHOULD
DO BEFORE
THEY
GROW UP

CASH IN
HOW TO SELL
ANYTHING ONLINE

**BROKEN
BONES**
THE NEW EPIDEMIC



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kids' health

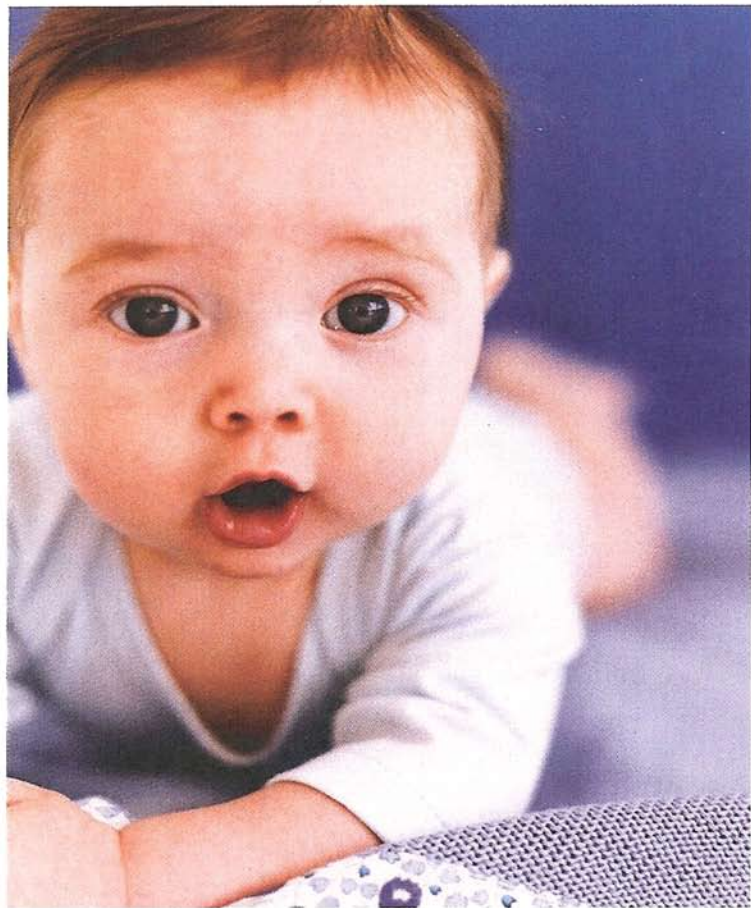
Prevent Drowning

Congress is poised to vote again on the Pool and Spa Safety Act, which passed unanimously in the Senate last year but was defeated by a narrow margin in the House. The bill mandates new standards for drain covers that would prevent children's hair or bathing suits from getting caught in pool drains; it also encourages states to pass comprehensive pool-safety laws. Urge your senators and representative to support the bill by going to usa.safekids.org.



One Simple Way To Cut Air Pollution

Whenever you're waiting in your car—outside school, dance class, or the supermarket—turn off your engine. An idling car not only burns unnecessary fuel, but it emits exhaust that creates smog and can aggravate kids' asthma and other lung and heart conditions.



A First Crucial Milestone

Keep an eye out for one of your baby's first accomplishments: While lying on his tummy, he should be able to raise his head and push up on his forearms by the end of his third month (or a couple of weeks later). If he has trouble with this, talk to your pediatrician. "Early motor delays are usually not serious, but immediate intervention is very important because young babies can catch up more quickly," says John Sarwark, M.D., head of orthopedic surgery at Children's Memorial Hospital, in Chicago.