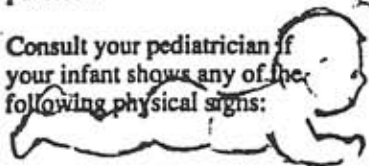


**A**s a parent you most often will be the first to know "something is wrong". You see your baby not lifting his head, reaching out, rolling over as you think he should. Perhaps the baby just doesn't seem like your other children or other babies you see. It may not be anything definite, just something you sense.

Parents must know what warning signs to watch for because early intervention is very important so that problems can be treated as soon as possible.

Consult your pediatrician if your infant shows any of the following physical signs:



## Parents ... DON'T DELAY

unable to lift his head by three months of age    • stiff or rigid legs    • pushing back or away with his head    • limp body posture    • stiff, crossed legs at six months of age    • unable to sit up without support by eight months of age    • uses only one side of his body or only his arms to crawl

Also consult your pediatrician if you notice the following behavioral signs along with the above physical problems:

- failure to smile by three months
- persistent gagging or choking when fed

To obtain a free brochure with more information, write to the Pathways Awareness Foundation  
123 N. Wacker Drive, Chicago, IL 60606  
or call 1-800-955-2445.

Endorsed by the Illinois Chapter of the American Academy of Pediatricians.



### Before Becoming Pregnant...

If you are planning pregnancy, check with your doctor before becoming pregnant to make sure you are in good health and that everything is in order (good nutrition; avoidance of smoking, alcohol, and other drugs; good weight; good blood pressure; controlled diabetes; etc.).

The first eight weeks of pregnancy - when you may not even know you are pregnant - are some of the most important weeks for your baby.

### A Busy Parent Writes... *Wisdom from a Three Year Old*

"One morning I was hurrying my three-year-old's dressing procedure because I had only minutes to spare.

In the middle of the commotion and worry, my little girl cleverly enjoyed a little joke of her own about something unrelated to the job at hand. I ignored her fun and indicated my disapproval...

Her sweet, thought-provoking response: Mommy, don't we even have time to laugh?"

Mrs. Laura Dubose

### DUMMY-BABIES MEET DASHBOARDS HEAD-ON

In a series of tests conducted by Michigan's Highway Safety Research Institute, adult volunteers were given 17-pound dummy-babies to hold on their laps.

Each adult was buckled up in a lap-shoulder belt, and was then subjected to simulated crashes of 15-mph and 30-mph.

Even though the volunteers knew exactly when the crashes would occur, in every

case the dummy-babies were ripped from the adults' arms and were slammed into the dashboard.

The only way to safely transport kids under 40 pounds is to secure them in a properly installed car seat.

In a wreck, the most dangerous place in the car is on the lap of an adult.